



PAWSITIVITY

October 2023 Email Newsletter curated by your Chief Pet Minders

<https://www.facebook.com/peaceofmindpetsrva>

Book for the upcoming holidays!



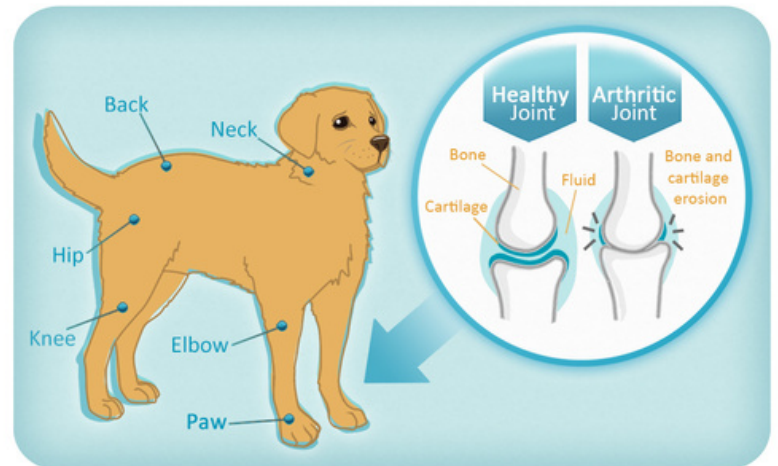
I know it is only October, but the holidays are quickly approaching. If you are planning to travel this holiday season, please get your reservation in ASAP. We will fill up for boarding in my home, boarding in your home, drop-in visits, dog walking spots, and our almost overnights. The best way to reserve your spot is by making a request through Time to Pet. We are looking forward to spoiling your pets this holiday season!

Arthritis in our Pets

Our pets are incredibly skilled at hiding their pain and illnesses. Do you know the signs and symptoms of arthritis?

If your dog, cat, bunny, or guinea pig are experiencing the following, it is time to get them in to see their vet.

- *Difficulty hopping up on the couch or with the stairs.*
- *Difficulty getting up or down from the floor.*
- *Painful when you pick them up.*
- *Changes in their normal behavior like sleeping more, eating less, etc...*
- *Unexplained aggression.*



There is a lot you can do if your pet is diagnosed with arthritis. Prescription medications are available from your pet. You can also modify their diet if they are overweight to help take some pressure off of those joints.

FREE!

FREE!

FREE!

FREE!

FREE!

FREE!

Refer a friend to receive a \$5 gift card to grab a cup of coffee or tea on me. PLUS, be entered in our quarterly drawing for a \$50 gift card to a local small business!

New Certifications Alert

I can FINALLY check this off of my never-ending to-do list! Pet Sitters International (PSI) is the governing body that I most closely follow in guiding me in my business. In my opinion, they have the best standard practices, the most resources, and the most up-to-date information for our industry. I am super happy to announce that I passed their Certified Professional Pet Sitters exam this month!

The PSI Conference this year was held in Winston-Salem, NC. I am passionate about providing my clients with the best care. I made the investment to attend and learned so much that I'll be sharing in our upcoming newsletters and social media posts. I also earned the Pet First-Aid & CPR certification.

Some of the things we'll be covering in upcoming articles and posts include:

- *Disaster Preparedness*
- *Memorializing our pets that have passed*
- *Pet Insurance*
- *Available resources in our community*
- *CPCR and Safety Training*
- *And more!*

Enjoy some photos from this years conference and be looking for us to implement and share what we've learned over the coming weeks.





2023/ 2024 SCHEDULE

2023	
Indigenous People's Day	10/9/23
Veteran's Day	11/11/23
POMP RVA Facility Closed	10/26/23 - 11/8/23
Thanksgiving	11/23/23
Christmas Eve	12/24/23
Christmas Day	12/25/23
New Year's Eve	1/31/23

2024	
New Year's Day	1/1/24
POMP RVA Facility Closed	1/22/24 - 1/28/24
MLK Jr. Day	1/15/24
President's Day	2/19/24
POMP RVA Facility Closed	5/18/24 - 5/27/24
Memorial Day	5/27/24
Juneteenth	6/19/24
Independence Day	7/4/24
POMP RVA Facility Closed	7/13/24- 7/20/24
Pet Sitters Conference POMP RVA Facility Closed	9/17/24- 9/22/24
Indigenous People's Day	10/14/24
POMP RVA Facility Closed	10/26/24- 11/3/24
Veteran's Day	11/11/24
Thanksgiving Day	11/28/24
Christmas Eve	12/24/24
Christmas Day	12/25/24
New Year's Eve	12/31/24



A funny photo from the recent PSI Conference. No one wants to be Burnt Out Barbie!