

PAWSITIVITY

April 2024 Email Newsletter curated by your Chief Pet Minders

<https://www.facebook.com/peaceofmindpetsrva>

Pet Friendly Gardening

Spring brings such a promise of things to come. At least it does for me! One of those things is the knowledge that what I start now, will grow into a beautiful garden.

I love to plant a variety of both vegetables and flowers. Every year I consult Google to find trusted sources so I know what is, and is not, safe to plant for pets.

Anyone that's ever had a dog or cat knows that they are just like toddlers. They experience the world by first putting whatever new thing they've discovered into their mouth. That is why it is so important to make sure we are planting pet safe gardens.

I found this great graphic from Nationwide Insurance you can use as a quick reference.



Pets & TOXIC PLANTS
Brought to you by Nationwide

More than 700 plants produce physiologically active or toxic substances that are dangerous to dogs and cats if ingested.

POISONOUS PLANTS INCLUDE

- AUTUMN CROCUS
- AZALEA*
- CALLA LILY
- DAY LILY
- EASTER LILY
- ANGEL'S TRUMPET
- OLEANDER*
- RHODODENDRON*
- TIGER LILY
- YEW*
- FOXGLOVE*
- LILY OF THE VALLEY*
- SAGO PALM
- JAPANESE PIERIS*
- MONKSHOOD*

*Cardiotoxic plants pose the highest risk to your pet.

Effects of poisonous plant ingestion range from mild **nausea to death.**

Signs of toxicity

- Excessive salivation
- Vomiting
- Racing or irregular pulse
- Lethargy
- Rapid breathing
- Cold extremities

Vulnerability to plant toxicities depends on:
PET SPECIES
AMOUNT DIGESTED
SIZE OF YOUR PET

Average treatment costs

Plant toxicity:	Tremors:	Kidney failure:
\$547	\$474	\$663

If your pet eats any part of a plant:

- 1 Call your veterinarian immediately
- 2 Bring a sample of the plant
- 3 Tell the veterinary staff how much your pet ingested

Last year, Nationwide members filed **\$9.5M** in pet insurance claims for vomiting/upset stomach

Nationwide pet insurance covers treatment costs related to plant poisonings and more.
Get a quote at petinsurance.com
 For more pet health and safety tips, visit MyPetHealthZone.com

Available 24 hours a day
PET POISON HELPLINE
 855.289.0358
www.petpoisonhelpline.com

Nationwide
is on your side



At Peace of Mind Pets RVA, we want to be prepared for anything that can happen during our pet-sitting and dog-walking visits. While April may be Pet First Aid Awareness Month, we focus on our pet first aid knowledge year round. Each team member completes the Pet First Aid courses available through Pet Sitters International within their first three months of employment.

If you would like help creating your own pet safety first aid kit and emergency plan, don't hesitate to reach out. We can help!

FREE! **FREE!** **FREE!** **FREE!** **FREE!** **FREE!**

Refer a friend to receive a \$5 gift card to local pet shop, Dog House Cat. PLUS, be entered in our quarterly drawing for a \$50 gift card to a local small business!

Time to Pet Tip

When it's time to update your pets vaccinations, you'll need to not only upload the new record, but also change the expiration date to reflect the new expiration date. After you've chosen the file you want to upload, don't forget to hit Upload or it won't save to your pets profile.

And for our pet owners that have pets that don't get the Bordetella vaccination, you can choose a date far in the future as an expiration so you can make it through the process.

